

# June Interim Schedule

## DROP-IN PROGRAMS: June 14 to June 27, 2026

Aquatic	Sun Jun 14	Mon Jun 15	Tue Jun 16	Wed Jun 17	Thu Jun 18	Fri Jun 19	Sat Jun 20
<b>Aquafit</b>	11:00a-12:00p	9:30-10:00am 10:00-11:00am 11:00-11:45am 7:15-8:00pm	8:00-9:00am 9:00-9:45am 11:00-11:45am <del>7:15p-8:00p</del>	9:30a-10:00a 10:00a-11:00a 11:00a-11:45a	8:00a-9:00a 9:00a-9:45a 11:00a-11:45a 7:15p-8:00p	9:00a-10:00a 11:00a-11:45a	9:00a-10:00a
<b>Spin H2O</b>	8:30a-9:15a		<del>5:45p-6:30p</del>		5:45p-6:30p		
<b>Lengths</b>	7:30a-8:30a	7:00a-8:30a 1:00p-2:30p 8:00p-9:00p	12:00p-1:00p	7:00a-8:30a 1:00p-2:30p 8:00p-9:00p	12:00p-1:00p	7:00a-8:30a 2:30p-4:00p	
<b>Recreational Swim</b>	FREE 1:30p-3:00p					7:30p-9:00p	
<b>Leisure Swim</b>						11:00a-12:30p	

Recreation	Sun Jun 21	Mon Jun 22	Tue Jun 23	Wed Jun 24	Thu Jun 25	Fri Jun 26	Sat Jun 27
<b>Aquafit</b>	11:00a-12:00p	9:30-10:00am 10:00-11:00am 11:00-11:45am 7:15-8:00pm	<b>ERC closed for maintenance Jun 23-25</b>	<b>ERC closed for maintenance Jun 23-25</b>	<b>ERC closed for maintenance Jun 23-25</b>	9:00a-10:00a 11:00a-11:45a	<b>ERC Closed Saturdays Jun 27-Sep 5</b>
<b>Spin H2O</b>	8:30a-9:15a						
<b>Lengths</b>	7:30a-8:30a	7:00a-8:30a 1:00p-2:30p 8:00p-9:00p				7:00a-8:30a 12:00p-1:00p	
<b>Recreational Swim</b>	1:30p-3:00p						

Grab a copy of our **Summer Schedule** which runs **June 28 to September 7, 2026**



Visit us online at [www.essex.ca](http://www.essex.ca) for more information including prices for drop-in programs!

Updated June 1, 2026