

Resolution Number R23-05-176

Title: Fibromyalgia Association Canada

Date: May 1, 2023



Moved By Councillor Verbeek

Seconded By Councillor Allard

That the correspondence from Fibromyalgia Association Canada asking Council to consider proclaiming May 12, 2023, as Fibromyalgia Awareness Day in the Town of Essex be received or received and supported, and if supported

That Council proclaim May 12, 2023, as Fibromyalgia Awareness Day in the Town of Essex by adopting the following resolution:

WHEREAS, Fibromyalgia Awareness Day aims to raise awareness and end the stigma and discrimination that accompany this chronic illness; and

WHEREAS, Fibromyalgia Association Canada is the only national organization in Canada that supports only fibromyalgia; and

WHEREAS, Fibromyalgia affects about 5% of Canada's population – over 2,000,000 men, women and children of all ages and races in Canada are afflicted with this chronic illness; and

WHEREAS, Fibromyalgia often takes an average of three (3) to five (5) years to diagnosis; and

WHEREAS, there is no known cause of, prevention of, or cure of fibromyalgia; and

WHEREAS, Fibromyalgia (FM) is a complex illness whose symptoms vary widely and may include debilitating chronic pain, overwhelming fatigue, and cognitive impairment; and

WHEREAS, patients with Fibromyalgia often have a number of co-existing conditions, which may include chronic myofascial pain, irritable bowel syndrome (IBS), temporomandibular joint disorder (TMJ), environmental sensitivities, anxiety and depression; and

WHEREAS, Fibromyalgia (FM) greatly reduces quality of life, can cause total disability and also affect families, friends and employers. Living with chronic pain and fatigue on a daily basis can lead to social isolation, so it is important for sufferers and their families, friends, and caregivers to know that they are not alone; and

WHEREAS, people with Fibromyalgia (FM) have a right to be treated with dignity and have a right to pain relief; and

WHEREAS, together we will find ways to enhance the quality of lives for people affected by fibromyalgia and together find a cure.

NOW THEREFORE, I, Sherry Bondy, Mayor of the Corporation of the Town of Essex, on behalf of the Town Council, do hereby proclaim May 12, 2023, as Fibromyalgia Awareness Day in the municipality of the Town of Essex and call this observance to the attention of all our citizens.

Carried