



As its June 1, 2026 Regular Council Meeting of the Town of Essex approved the following proclamation:

**Proclamation**  
Recreation and Parks Month  
June 2026

**Whereas**, in the Town of Essex, we are fortunate to have a variety of recreation and parks systems providing countless recreational opportunities for residents and visitors from around the world;

**And Whereas**, recreation enhances quality of life, balanced living and lifelong learning; helps people live happier and longer; develops skills and positive self-image in children and youth; develops creativity; and builds healthy bodies and positive lifestyles;

**And Whereas**, recreational participation builds family unity and social capital; strengthens volunteer and community development; enhances social interaction; creates community pride and vitality; and promotes sensitivity and understanding to cultural diversity;

**And Whereas**, parks, open space and trails provide active and passive outdoor recreation opportunities, help maintain clean air and water; and promote stewardship of the natural environment;

**And Whereas**, recreation, therapeutic recreation and leisure education are essential to the rehabilitation of individuals who have become ill or disabled, or disadvantaged, or who have demonstrated anti-social behaviour;

**And Whereas**, the benefits provided by recreation programs, services and parks, and open space, reduce healthcare and social service costs; serve to boost the economy, economic renewal and sustainability; enhance property values; attract new business; increase tourism; and curb employee absenteeism;

**And Whereas**, all levels of government, the voluntary sector and private enterprise throughout the Province participate in the planning, development and operation of recreation and parks program, services and facilities.



**Therefore**, I, Mayor Sherry Bondy, in recognition of the benefits and values of Recreation and Parks, do hereby designate the month of June as Recreation and Parks Month in the Town of Essex.



A handwritten signature in black ink that reads "Sherry Bondy".

Sherry Bondy  
Mayor of the Town of Essex