

Essex Recreation Complex,
and Maedel & McGregor
Community Centres

Aquatic User Guide

November 2021



INTRODUCTION

This document outlines public health and infection prevention and control measures, specific to the Essex Recreation Complex aquatic programs and operations. This document and the guidance within it is subject to change and will be updated as needed.

PLANNING FOR YOUR SWIM

Booking

- Check www.essex.ca, [Town of Essex Facebook](#) or essexconnect.ca for updated programs, schedules, booking information, and other details posted regularly.
- Patrons will be required to register and pay for all swim times at the time of booking.
- We will be taking reservations for various time increments, depending on the type of swim program. For assistance with booking your swims, you may also call the Complex during business hours to speak to our reception staff 519-776-7336 ext. 1052.
- Our regular [Transfer/Refund policy](#) will apply to all registrations

Before Leaving Home

- Ensure you are not showing any symptoms of COVID-19 (temperature, cough, difficulty breathing, or anosmia e.g. loss of taste or smell).
- Pack your face mask, as you will be required to wear it while in the facility.
- Please plan your arrival to the facility with minimal waiting time for your swim time.
- Bring your own equipment and water bottle. Minimal equipment will be available at the facility.
- Arrive ready to swim, wearing bathing suit under your clothes. Shower at home prior to your swim as shower use will only be available after swims.

WHEN YOU ARRIVE

Proof of Vaccination Requirement

- Proof of COVID-19 vaccination will be required to enter all Town of Essex recreation facilities in accordance with provincial regulations. Please review our [Guide to Vaccine Requirements](#) for more details.

Facility Entrance & Reception

- Please wear a mask when entering our facility. Masks shall be worn in all spaces except for in the pool.
- Patrons will be required to check in with the reception staff so that we can log who entered the facility (all swimmers and any parents/support staff who were planning on staying in the facility). These records must be kept for 2 weeks and all patrons must be made aware that their information may be shared with the WECHU if necessary.
- Hand sanitizer is provided at the entrance/exit of the facility. Follow signage placed in highly visible locations noting the ways patrons can help prevent the spread, by washing hand, covering face and staying at home when needed.

Change Rooms

- After checking in, you will be directed straight to the pool viewing area where you can select a chair to place all belongings, as lockers are not available at this time.
- After swim, please don your mask, towel dry and bring all belongings with you to the change rooms (Mens/Womens).
- Please try and minimize time spent in the shower and changeroom after your swim.
- Exit the facility directly through the main doors once changed.

Viewing Gallery & Spectators

- Staff and signage will assist you in finding an appropriate space to place your belongings while you swim. Reminder to please keep all valuables at home.
- As masks are not permitted to be worn while in the pool, masks should be removed and packed away. Masks can be left in labelled bag at the end of swimmers' lane where appropriate.

PROGRAMS

Lengths

- Maximum of 2 swimmer per lane will be permitted.
- Any use of equipment will be brought by individual and will not be allowed to be shared.

Aquafitness

- Patrons are asked to be mindful of spacing when getting into/out of the water.
- Please follow staff direction for use of equipment during fitness classes.
- Spin bikes will be wiped down after each class.

Recreational/Leisure Swims

- Only PFDs or personal approved floatation devices will be allowed to be used. Patrons would be asked to toss any loaned PFDs into the training pool for disinfecting after use.
- Training Pool, Tarzan Rope & Water slide remain closed.

Swimming Lessons

- We are offering learn to swim lessons, both group classes and private lessons. Check out our current schedule online or call us to discuss special requests at your convenience.
- Face shields will be worn by the swim instructor (except during some demonstrations).
- Equipment use should be kept to a minimum, and not shared by swimmers.
- Please note that missed lessons cannot be rescheduled.