

FRIDAYS WINTER-2: February 28 to April 11 (no lessons March 14)

ESSEX RECREATION COMPLEX							MAEDEL C.C.
MORNING			Adult Lengths 7:00-8:30				
		Aquafit 9:00-9:45					
			Private Swim 9:30-10:00 (19988)				
		Leisure Swim 11:00-12:30		Aquafit (25) 11:00-12:00			
AFTERNOON			Spin H20 (12) 11:45-12:30				
						Adult Lengths 2:30-4:00	
							Open Gym 1:30-2:30
		Private Swim 4:00-4:30 (20897)	Private Swim 4:00-4:30 (20906)			Private Swim 4:00-4:30 (20898)	
EVENING	Private Swim 4:30-5:00 (20899)	Private Swim 4:30-5:00 (20900)	Private Swim 5:00-5:30 (20904)		Private Swim 4:30-5:00 (20902)		
	Swimmer 1 5:00-5:45 (20760)	Swimmer 4 5:00-5:45 (20795)	Swimmer 2 5:00-5:45 (20108)		Swimmer 5 4:45-5:30 (20802)	Private Swim 5:00-5:30 (19997)	
	Preschool D 5:45-6:30 (20743)		Private Swim 5:45-6:15 (20907)		Swimmer 6 5:30-6:15 (20810)	Swimmer 2 5:30-6:15 (20774)	Swimmer 3 5:30-6:15 (20785)
		Essex Swim & Lifesaving Club Junior/Senior 6:15-7:15 (20695)	Preschool C 6:15-7:00 (20734)	Preschool B 6:15-7:00 (20725)	Preschool A 6:15-7:00 (20713)		
	Recreational Swim 7:30-9:00						

Revised Date (Jan 20)