

THURSDAYS FALL-2: November 2 to December 14

ESSEX RECREATION COMPLEX								MAEDEL C.C.
MORNING								
				Aquafit (25) 8:00-9:00				
				Energy Aquafit (25) 9:00-9:45				
				Energy Aquafit (25) 11:00-11:45				
				Adult Lengths 12:00-1:00				
AFTERNOON								
EVENING								
	Preschool D 5:00-5:45 (17995)	Preschool C 4:45-5:30 (17987)	Private Swim 4:45-5:15 (18130)	Swimmer 1 5:00-5:45 (18011)	Swimmer 2 5:00-5:45 (18023)	Private Swim 4:30-5:00 (18128)	Private Swim 4:30-5:00 (18129)	National Lifeguard 5:00-10:00 (17685) Sept 14-Nov 16
		Swimmer 6 5:30-6:15 (18063)	Swimmer 3 5:15-6:00 (18033)			Private Swim 5:00-5:30 (18131)	Private Swim 5:00-5:30 (18132)	
	Preschool E 5:45-6:30 (18001)		Parent-Tot Lv 1/2/3 6:00-6:30 (17957)	Preschool A 5:45-6:30 (17968)	Spin (12) 5:45-6:30	Private Swim 5:30-6:00 (18033)	Private Swim 5:30-6:00 (18134)	
		Swimmer 5 6:15-7:00 (18055)	Swimmer 1/2 6:30-7:15 (18014)	Swimmer 4 6:30-7:15 (18045)		Private Swim 6:00-6:30 (18135)	Private Swim 6:00-6:30 (18136)	
	Preschool B 6:30-7:15 (17978)					Private Swim 6:30-7:00 (18137)	Private Swim 6:30-7:00 (18138)	
		Energy Aquafit (12) 7:15-8:00				Private Swim 6:45-7:15 (18139)	Private Swim 6:30-7:00 (18138)	
						ESLC Levels 4-5 7:15-8:15 (17940)	Private Swim 7:00-7:30 (18140)	
							Private Swim 7:00-7:30 (18141)	

Revised Date (Sept 27)