

MONDAYS FALL-2: November 6 to December 18

ESSEX RECREATION COMPLEX							MAEDEL COMMUNITY CENTRE		HARROW ARENA	
MORNING			Adult Lengths 6:30-8:30							
			Parent-Tot Lv 1/2/3 9:30-10:00 (17954)		Cardio Aquafit (25) 9:30-10:00					
			Aquafit (25) 10:00-11:00		Preschool A/B 9:15-10:00 (17971)					
			Energy Aquafit (25) 11:00-11:45		Leisure Swim 11:00-11:45					
AFTERNOON			Adult Lengths 1:00-2:30							
EVENING	Preschool C 4:45-5:30 (17983)	Private Swim 5:00-5:30 (18087)	Swimmer 5 5:00-5:45 (18052)	Spin (12) 4:15-5:00	Swimmer 1 5:00-5:45 (18006)	Private Swim 4:30-5:00 (17734)	Swimmer 2 4:45-5:30 (18018)	Get Messy 4:45-5:15 (17672)	Totnastics JR 5:00-5:45 (17861)	P&T Picasso 4:00-4:30 (17869)
	Swimmer 4 5:30-6:15 (18041)	Private Swim 5:30-6:00 (18088)	Swimmer 3 5:45-6:30 (18030)	Parent-Tot Lv 1 5:15-5:45 (17950)	Swimmer 1 5:00-5:45 (18006)	Preschool D 5:00-5:45 (17993)	Swimmer 2 4:45-5:30 (18018)	Circle Time (French) 5:30-6:00 (17868)	Totnastics SR 5:45-6:30 (17862)	Get Messy 4:45-5:15 (17870)
	Preschool A 6:15-7:00 (17965)	Private Swim 6:00-6:30 (18090)	Swimmer 1 6:15-7:00 (18007)	Parent-Tot Lv 2/3 5:45-6:15 (17960)	Preschool C 5:45-6:30 (17984)	Preschool E 5:45-6:30 (17999)	Bronze Star 5:30-7:15 (17936)	Cooking Kids 6:15-7:15 (17866)	Gymnastics Ultra 1/2 6:30-7:15 (17863)	Dance Fusion 5:15-6:00 (17875)
	Swimmer 2 7:00-7:45 (18019)	Private Swim 7:00-7:30 (18095)	Swimmer 6 7:15-8:00 (18060)	Leisure Swim 7:15-8:00	Private Swim 6:30-7:00 (18093)	Swimmer 4 6:30-7:15 (18042)		Gymnastics Lv 3/4 7:15-8:00 (17864)	Drum Fit 6:00-6:30 (17874)	Art Attack 5:15-6:00 (17871)
		Private Swim 7:30-8:00 (18096)			Energy Aquafit (12) 7:15-8:00				STEM Explorers 6:15-7:00 (17872)	
					Adult Lengths 8:00-9:30				Youth Fit Club 7:15-8:00 (17873)	

Revised Date (Sept 27)