

FRIDAYS FALL-2: November 3 to December 15

ESSEX RECREATION COMPLEX							MAEDEL C.C.	
MORNING			Adult Lengths 6:30-8:30					
		Energy Aquafit 9:00-9:45						
		Leisure Swim 11:00-11:45	Aquafit (25) 11:00-11:2:00				Pickleball 10:30-12:00	
		Spin H2O (12) 11:45-12:30						
AFTERNOON								
	Adult Lengths 2:30-4:00							
	Private Swim 4:15-4:45 (18143)							
	Preschool B 4:45-5:30 (17979)		Private Swim 4:30-5:00 (18144)	Private Swim 4:30-5:00 (18145)		Private Swim 4:30-5:00 (18146)		
EVENING			Swimmer 3 5:00-5:45 (18034)	Swimmer 5 5:00-5:45 (18056)	Swimmer 2 5:00-5:45 (18024)		Private Swim 5:00-5:30 (18148)	
	Swimmer 4 5:30-6:15 (18046)	Preschool C 5:30-6:15 (17988)	Swimmer 1 5:45-6:30 (18012)	P&T Lv 1/2/3 5:45-6:15 (17958)	Preschool A 5:45-6:30 (17969)	Preschool D 5:45-6:30 (17996)	Private Swim 5:30-6:00 (18149)	
	Swimmer 2 6:15-7:00 (18025)	Swimmer 3 6:15-7:00 (18035)	Swimmer 4 6:30-7:15 (18047)	Swimmer 6 6:15-7:00 (18064)	Private Swim 6:30-7:00 (18151)	Private Swim 6:30-7:00 (18152)		Private Swim 6:00-6:30 (18150)
						Stroke Improvement 7:00-7:45 (18069)	Private Swim 7:00-7:30 (18154)	
			Leisure Swim 7:15-8:00					
			Recreational Swim 8:00-9:30					

Revised Date (Sept 27)