

AQUATIC LEADERSHIP

Upcoming Courses - Fall 2024



1 Bronze Medallion & EFA

Saturdays @ 12:30PM - 3:30PM

- 1) Sept 21 to Nov 2 | Course #19510
- 2) Nov 9 to Dec 21 | Course#19514

2 Bronze Cross & SFA

Saturdays @ 2:30PM - 6:30PM

- 1) Sept 21 to Nov 2 | Course #19511
- 2) Nov 9 to Dec 21 | Course #19515

3 Assistant Instructor

Wednesdays @ 5:00PM - 8:30PM

- 1) Sept 18 to Oct 9 | Course #19516
- 2) Nov 13 to Dec 4 | Course #19517

4 HIGH FIVE PHCD

Wednesdays @ 4:45PM - 9:00PM

- 1) Oct 16 | Course #19512
- 2) Dec 11 | Course #19513



- ✓ Build Leadership Skills
- ✓ Save on Leadership Courses
- ✓ Complete Volunteer Hours
- ✓ Gain Valuable Experience

Ask us how to get started after completing the above steps!



5 LSS Instructors

Fri @ 5PM - 10PM, Oct 18/25/Nov 1
+ Sun @ 9AM - 6PM, Oct 20/2/Nov 3
Runs Three Weekends | Course #19518

6 National Lifeguard & SFA

Thursdays @ 5:00PM - 10:00PM
Sept 19 to Nov 28 | Course #19519

Completed all the steps? Join our team!
Apply online at www.essex.ca

Start your path to becoming a lifeguard today...

Prepare Yourself in 6 Steps

