MONDAY

ESSEX RECREATION COMPLEX
Sept 11 to Oct 30 (no lessons Oct 9)

MAEDEL C.C
Sept 11-Oct 30

MORNING			Adult Lengths 6:30-8:30					
			Parent-Tot Lv 1/2/3 9:30-10:00 (17555)		Cardio Aquafit (25) 9:30-10:00			
			Aquafit (25) 10:00-11:00		Preschool A/B 9:15-10:00 (17573)			
			Energy Aquafit (25) 11:00-11:45		Leisure Swim 11:00-11:45			
AFTERNOON			Adult Lengths 1:00-2:30					Pickleball 3:00-4:30
				Spin (12) 4:15-5:00				
EVENING	Preschool C 4:45-5:30 (17585)	Private Swim 5:00-5:30 (17735)	Swimmer 5 5:00-5:45 (17653)		Swimmer 1 5:00-5:45 (17607)	Private Swim 4:30-5:00 (17734) Preschool D 5:00-5:45 (17595)	Swimmer 3 4:45-5:30 (17632)	Get Messy 4:45-5:15 (17672)
	Swimmer 4 5:30-6:15 (17644)	Private Swim 5:30-6:00 (17736)		Parent-Tot Lv 1 5:15-5:45 (17551)			Private Swim 5:30-6:00 (17739)	Soccer Lv 1 5:30-6:00 (17673)
		Private Swim 6:00-6:30 (17738)	Swimmer 2 5:45-6:30 (17621)	Parent-Tot Lv 2/3 5:45-6:15 (17561)	Preschool C 5:45-6:30 (17586)	Preschool E 5:45-6:30 (17602)	Private Swim 6:00-6:30 (17739)	Soccer Lv 2 6:00-6:30 (17674)
	Preschool A 6:15-7:00 (17566)	Private Swim 6:30-7:00 (17740)	Preschool B 6:30-7:15 (17577)	Swimmer 1 6:15-7:00 (17608)	Private Swim 6:30-7:00 (17741)	Swimmer 3 6:30-7:15 (17633)	Private Swim 6:30-7:00 (17742)	
	Swimmer 2 7:00-7:45 (17622)	Private Swim 7:00-7:30 (17743)	Swimmer 6 7:15-8:00 (17660)	Leisure Swim 7:15-8:00	Energy Aquafit (12) 7:15-8:00		Private Swim 7:00-7:30 (17744)	
		Private Swim 7:30-8:00 (17745)						
					Adult Lengths 8:00-9:30			

Revised Date (Aug 8)