

FRIDAY

ESSEX RECREATION COMPLEX  
Sept 15 to Oct 27

MAEDEL C.C.  
Sept 15-Oct 27

Harrow Arena  
Sept 15-Oct 27

MORNING		<b>Adult Lengths</b> 6:30-8:30					
		<b>Energy Aquafit</b> 9:00-9:45					
		<b>Leisure Swim</b> 11:00-11:45	<b>Aquafit (25)</b> 11:00-11:2:00				
		<b>Spin H20 (12)</b> 11:45-12:30					
		<b>Adult Lengths</b> 2:30-4:00					
AFTERNOON		<b>Private Swim</b> 4:15-4:45 (17788)					
					<b>Private Swim</b> 4:30-5:00 (17789)	<b>Private Swim</b> 4:30-5:00 (17790)	
		<b>Preschool B</b> 4:45-5:30 (17581)	<b>Swimmer 3</b> 5:00-5:45 (17637)	<b>Swimmer 1</b> 5:00-5:45 (17613)	<b>Swimmer 2</b> 5:00-5:45 (17627)	<b>Preschool D</b> 5:00-5:45 (17599)	<b>Private Swim</b> 5:00-5:30 (17791)
		<b>Swimmer 4</b> 5:30-6:15 (17648)	<b>Preschool C</b> 5:30-6:15 (17590)	<b>Swimmer 5</b> 5:45-6:30 (17657)	<b>Parent-Tot Lv 1/2/3</b> 5:45-6:15 (17559)	<b>Preschool A</b> 5:45-6:30 (17570)	<b>Swimmer 1</b> 5:45-6:30 (17614)
EVENING		<b>Swimmer 2</b> 6:15-7:00 (17628)	<b>Swimmer 3</b> 6:15-7:00 (17638)	<b>Swimmer 4</b> 6:30-7:15 (17649)	<b>Swimmer 6</b> 6:15-7:00 (17664)	<b>Private Swim</b> 6:30-7:00 (17794)	<b>Private Swim</b> 6:30-7:00 (17795)
			<b>Leisure Swim</b> 7:15-8:00			<b>Private Swim</b> 7:00-7:30 (17797)	<b>Private Swim</b> 7:00-7:30 (17798)
			<b>Recreational Swim</b> 8:00-9:30				

<b>Pickleball</b> 10:30-12:00

<b>Baby Fit</b> 9:00-9:45 (17684)
<b>Zoom Fit</b> 10:00-11:00 (17683)

Revised Date (Aug 10)