



CAMP INFORMATION GUIDE



SAMPLE DAILY ITINERARY

- 7:30am Drop Off
- 9:00am Name Game and Introductions
- 9:15am Outdoor Activities
- 10:45am Creative Activities
- 12:15am Lunch
- 12:45am Outdoor Activity
- 1:45pm Snack
- 2:30pm Swimming
- 4:00pm Choose Activities
- 4:00pm Pickup
- 5:00pm Late Pickup

WHAT TO BRING

- ✓ Swimsuit
- ✓ Towel
- ✓ Sunscreen
- ✓ Bug Spray
- ✓ Weather Appropriate Clothing
- ✓ Non-marking closed-toe running shoes
- ✓ Bagged Lunch and Two Snacks
- ✓ Water Bottle (Filled)
- ✓ Bicycle Helmet
- ✗ Leave Electronics at Home

FREQUENTLY ASKED QUESTIONS

Will there be field trips this year?

Yes, there will be field trips this year

Are children required to bring lunch?

Yes, all lunches, snacks and beverages should be sent each day.

Do the all camp groups participate in the same activities?

Under most circumstances they may participate in the same type of activities, but remain in their camp groups and ratios.

What is the registration deadline?

Registrations for the following week are accepted until noon each Friday. Late registration requests will be reviewed and accepted only if room is available. Register in advance to confirm a spot.

Can all campers swim anywhere in the aquatic facilities and use the slide?

Campers over the age of 7 must meet the Swim Admission Policy requirements in order to swim independently throughout the facility and use the slide – a swim test will be provided. Campers who require Within Arms Reach supervision, will be required to stay with an assigned counsellor. Our ratio in the pool is 8:1, and children will be required to wear a PFD. The slide and rope will be open during the intermediate and senior camp swims

Do you accept children with special needs?

If your child requires special care, we ask that you talk with the Assistant Manager, Programs prior to enrolment to determine if our camp setting is appropriate. We have trained staff to meet some adaptability needs and have experience with children who require specific activity modifications; if more specific integration needs are required we will look for options that will hopefully allow for positive participation.

Where do I drop off my child/children?

Campers will be dropped off at the second set of sliding doors at the Essex Recreation Complex.

Do I need to screen my child/children before attending camp each day?

Yes! You are required to do a pre-screening at home for your child/children before attending camp.

Facility Information

Essex Recreation Complex
242 Talbot St. N.
Essex, ON



- Climate controlled gymnasium/auditorium, kitchen and activity rooms
- Indoor lap and leisure pool with a Tarzan rope and water slide (children 7 and older)
*Slide/rope operation may be limited
- Outdoor soccer field and sport area
- Walking distance to municipal parks
- A fleet of bicycles and safety equipment