

To all Essex Residents: This pamphlet has been designed to inform you of the actions that you can take to prepare you and your family for an emergency situation within the Town of Essex. Please discuss this information with your family since all emergency situations require the knowledge and participation of all family members and the community as a whole. Keep this brochure handy for quick reference in the case of an emergency.

In the event of an Emergency please tune into the following Emergency Broadcasting stations:

Radio:

CBEF 540	AM	
CKWW	580	AM
CKLW 800	AM	
CBE	1550	AM
CIMX	88.7	FM
CIDR	93.9	FM

Television:

CBET	Channel 9
CHWI	Channel 16
Cable	Channel 10



Developing an Emergency Plan:

Meet with family members to develop an emergency plan, and regularly conduct drills to practice your plan.

- ◆ Become aware of emergency situations that can occur in your area

- ◆ Learn your community evacuation plan
- ◆ Determine safe rooms to use for shelter
- ◆ Post emergency phone numbers by the phone. During an emergency only use the phone if someone needs immediate assistance
- ◆ Teach children their address and telephone number
- ◆ Note special assistance needed by people with disabilities
- ◆ Prepare for family health needs (medication, medical supplies, etc.)
- ◆ Plan not to leave pets behind. Locate a local shelter. Remember farm animals too!
- ◆ Learn basic CPR and First Aid
- ◆ Establish a meeting place if family is separated in an emergency.
- ◆ Find out emergency procedures for schools/daycare facilities during severe weather.



Flooding

- ◆ Tune into local radio stations
- ◆ Stay away from flood waters, **DO NOT** attempt to walk, drive or swim through floodwaters
- ◆ If flood waters are high allow them to flow freely into basement
- ◆ Do not stack sandbags against house. This adds pressure and can cause damage
- ◆ Do not drink tap water
- ◆ Move valuables to higher floors

Severe Weather (Tornados)

Tornado Watch: A tornado watch or severe thunderstorm watch is issued whenever conditions exist for severe weather to develop. This is time for you to prepare. Tune into local radio or television stations for updates.

Tornado Warning: A tornado or severe thunderstorm warning is issued when a tornado or severe thunderstorm has been sighted or strongly indicated by radar. This is the time to take proper cover.

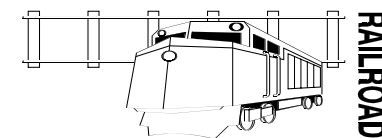
- ◆ Tune radio to local radio stations
- ◆ Stay indoors
- ◆ Seek shelter in basement or in an interior room
- ◆ Stay away from windows, doors and outside walls.



Winter Storms

- ◆ Tune radio into local radio stations
- ◆ Stay indoors
- ◆ Watch for signs of frostbite or hypothermia
- ◆ **DO NOT** over exert yourself while shoveling snow
- ◆ Do not leave home unless absolutely necessary
- ◆ Wear loose fitting clothes and layer them as needed
- ◆ If travel is absolutely necessary be sure to have an emergency car care kit with you

- ◆ Do not use barbeques and kerosene lanterns for indoor heating



Chemical Accidents

The possibility of train derailment or transport truck accidents with the potential for chemical spills is a possible emergency in the Town of Essex, as is the potential for factory fires.

If you are outside:

- ◆ Stay upstream, uphill, and up wind as hazardous materials can be quickly transported by water and wind
- ◆ Move so the wind is blowing left to right, not at your back or face
- ◆ Try to get at least a half mile from danger area
- ◆ Follow the instructions of local authorities

If you are inside:

- ◆ Tune your radio into local radio stations and be prepared to follow all instructions given by emergency staff
- ◆ To reduce the possibility of toxic fumes entering your home, seal all entry routes as efficiently as possible
- ◆ Close and lock all doors, seal gaps under doorways with wet towels and duct tape
- ◆ Close all fireplace dampers, and turn off ventilation systems (air, vents, and furnaces)

- ◆ Stay inside
- ◆ If you suspect vapors have entered your home, take shallow breaths through a wet towel or cloth



Emergency Phone Numbers

Ambulance: **911**
 Police: **911**
 Poison Control: 1-800-268-9017
 Family Physician: _____
 Town Of Essex: 776-7336
 Emergency Spill Center: 1-800-268-6060
 Work Numbers: _____

 Emergency Contact No.: _____

Preparing Your Home

- ◆ Secure important papers, lists, and photographs in a safety deposit box
- ◆ Buy an ABC fire extinguisher. Check to make sure it is functioning properly
- ◆ Install smoke detectors on every level of your home. Check functioning monthly
- ◆ Install a carbon monoxide detector and check functioning periodically
- ◆ Buy flashlights/emergency lighting and a battery operated radio and batteries
- ◆ Avoid candles (fire hazard)
- ◆ Make house address clearly visible
- ◆ Locate the water heater, electrical and gas shut offs and mark with labeled tape
- ◆ Make sure sump pump is working, and-consider purchasing a battery backup.

Evacuation Route:

DO NOT attempt to evacuate unless told

to do so by emergency staff.

Preparing to Evacuate:

- ◆ Tune into local media for further instructions
- ◆ Pack a bag with essential items including clothes, medical essentials, wallet, credit cards, cash, drivers license, health card and important documents

Things to Pack:

- ◆ Baby supplies and special foods
- ◆ Toilet articles
- ◆ Pillows, blankets, and sleeping bags
- ◆ Battery operated radio, flashlights, and extra batteries.

When Evacuating:

- ◆ **STAY CALM**
- ◆ Turn your furnace back on in the winter
- ◆ Keep pets inside with food and water
- ◆ Lock all doors and windows
- ◆ Evacuate areas using map provided
- ◆ Drive carefully, don't rush
- ◆ Ask neighbors if they need a ride
- ◆ Register on arrival at the evacuation center

By ignoring the warning to evacuate you jeopardize your family and those that might have to save you.



School Children

DO NOT attempt to pick your children up at their school. School staff will be informed of an emergency and the safety of your children will be top priority. Media will inform you where to pick up your children when it is safe.

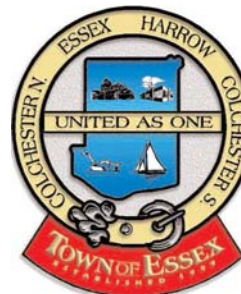


Disabled and the Elderly

Please be sure to help disabled and elderly citizens in the community. Assist them in the event of evacuation by giving them rides to shelter, and helping them to pack a bag

For further information on Emergency Planning visit the following websites:

- www.redcross.ca
- www.countyofessex.on.ca
- www.townofessex.on.ca



TOWN OF ESSEX

EMERGENCY PREPAREDNESS GUIDE

Preparing for the worst keeps you at your best!